



Nellis news

POW/MIA Day

The annual ceremony to honor all American prisoners of war and servicemembers missing in action will be held at 8 a.m. today in front of the Air Warfare Center headquarters building.

The ceremony will include the presentation of the POW/MIA medal to five former prisoners of war.

For more information, call 652-8321 or 652-7739.

Voting test

The Federal Voting Assistance Program, in cooperation with state and local elections offices is soliciting volunteers for a pilot project underway to evaluate using the Internet for absentee voting.

In order to be eligible to participate, your legal voting residence must be in one of the following jurisdictions: Florida - Okaloosa and Orange counties; Missouri - Buchanan and Jackson counties; Texas - Dallas County; Utah - Weber County and South Carolina, all counties.

Interested volunteers satisfying the eligibility requirement and who have access to the Internet either at their home or workplace are asked to contact the FVAP directly via e-mail or fax: e-mail paquettec@fvap.ncr.gov or fax to DSN 425-0108, commercial (703) 588-0108.

Provide name, rank, mailing address, home and or duty work phone, e-mail address (if available) and fax number (if available).

Any questions may be directed to the Military Personnel Flight Personal Affairs office at 652-9428/5972 or the Installa-

tion Voting Officer at 653-3696, or visit the AF Voting Website at www.afpc.af.mil/ccprog/voting/voting.htm.

Rifle tournament

The Rod and Gun Club will host a Military/Police/Civilian Hunter's Rifle Tournament beginning at 7 a.m. Sept. 25. Preregistration is \$20. After Saturday the cost is \$24 per competitor. The tournament is limited to 100 competitors.

820th RHS Dining-In

The 820th RED HORSE Squadron is holding a combat Dining-In at the covered storage facility in Area II at 6 p.m. Sept. 25.

Everyone formerly assigned to the 820th RHS stable is cordially invited to attend. Any vintage uniform is acceptable.

Mr. John Brockes, a former POW and combat engineer will be the guest speaker.

Choices for dinner are steak, chicken or vegetarian for \$6. Oats and grains will be served in the classic barley and hops fashion.

Stalls in the barn will be available as well as designated drivers.

Decisions to gallop over to Area II and whinny with fellow horsemen should be coordinated through Senior Master Sgts. Jamie Borkert at 652-1020 or Kelly Martin at 652-1202.

Reserve briefings

Palace Chase Air Force Reserve briefings will be held at 2 p.m. Wednesday in Bldg. 20,



Photo by Amn. James T. May III

Stop

A four-way stop was recently added at Washington and Swaab Boulevards. Base officials recently placed the additional stop signs in the center lanes to remind motorists of the new stop signs.

Room 202.

Anyone with a separation date more than a year from now who is interested in separating early is welcome to attend this briefing.

For more information, call 652-9073.

Palace Front Air Force Reserve briefings will be held at 1 p.m. Thursday and Sept. 30 in Bldg. 20, Room 319.

Eligible officers and enlisted personnel with a separation date in February should have received notification to attend this mandatory briefing.

For more information, call 652-4806.

Tree planting

The 99th Civil Engineer Squadron will plant 250 trees in military housing during September.

Military housing residents desiring a tree should call 652-3036.

Home school group

There will be a meeting of the newly formed Nellis Home School Group from 6:30 to 8 p.m. Monday at the Chapel, Rooms 11 and 13.

This meeting is to gather ideas. Everyone is invited and childcare will be available.

For more information, call 440-6277.

Hazardous material

The Quarterly Hazardous Material Awareness Seminar will be held at the Recycling Center, Bldg. 461, from 8 to 10 a.m.

Wednesday.

The training is for anyone who buys, handles or manages hazardous material.

Only the first 30 people who register can attend the seminar due to limited seating.

To register or for more information, call 652-6410.

AFSPA meeting

The Silver State Chapter of the Air Force Security Police Association will meet at 7 p.m. Tuesday in Bldg. 11.

Membership is open to anyone who has or still serves in the security forces field.

For more information, call Mr. Jon Mehringer at 639-6046.

Girl Scouts wanted

The Girl Scouts of Nellis are looking for girls and adults to be a part of the Girl Scout experience. Girls ages 5 to 17 are encouraged to join.

Registration for the 1999 to 2000 year will take place from 11 a.m. to 1 p.m. Saturday at the Girl Scout Hut at 7 Shaver Dr. in Manch Manor.

Registration fees are \$7. For more information, call 643-9144.

A special thank you

Dear Editor:

The people of Nellis Air Force Base have done it again! They really pulled for us this year and helped make the 1999 Jerry Lewis MDA Telethon a winner with \$53.1 million in pledges and contributions!

By taking part in local MDA events, by calling in pledges to the Telethon broadcast on KLAS-TV, Channel 8, by helping "my kids" in other ways, *Bullseye* readers have made a huge difference for families throughout Nevada and across the nation.

They've helped speed MDA-funded research and around the globe. Moreover, they've helped maintain the national network of clinics that resulted in MDA becoming the first organization honored by the American Medical Association with a Lifetime Achievement Award "for significant and lasting contributions to the health and welfare of humanity."

For making the 1999 MDA Telethon a bell-ringer, thanks, Nellis Air Force Base!



Sincerely,
Jerry Lewis
National Chairman
Muscular Dystrophy Association



DOD to promote family coping skills

By Linda D. Kozaryn
American Forces Press Service

WASHINGTON (AFPN) — When service members deploy to world trouble spots, it's tough on the spouses and children they leave behind.

Toddlers don't understand why mom or dad has left; only that they're gone.

Frequent separations are equally hard on spouses. Not only are they left to deal with the home front, they also fear for their loved ones' safety, since media coverage often features each deployment's dangerous realities. As a result of the increasing level of military operations, defense officials want to better prepare service members and spouses for their intermittent role as single parents.

Officials here say the unique challenges associated with separations may not be adequately addressed in parenting training offered at base family centers, chaplain and family advocacy programs and medical clinics.

DOD's Office of Family Policy, in partnership with the U.S. Department of Agriculture's Cooperative State Research, Education and Extension System, has launched a two-year, \$1.5 million initiative to develop military-specific parenting resources.

The Air Force is the executive agent for the project. The goal is to develop informational material that can be distributed in classrooms and via the Internet, telephone, flyers, audiotapes or other means.

A conference Wednesday through Sept. 24 in Leesburg, Va., is scheduled to design material content. Military family members and family support program specialists will attend the hands-on working conference, aimed at meeting military parents' critical needs now and into the next decade.

"Demands on parents are greater than ever before," said an Air Force family advocacy program manager. Military missions have changed since the Cold War ended, he said. "We've drawn down about a third, but demands are up about 40 percent."

Historically, the military has provided parenting classes, which have been helpful to the relatively small percentage of people who attend, the official said.

The Healthy Parenting Initiative is designed to reach the larger percentage that doesn't attend and to make the information useful and accessible, he said. The military has a wealth of material on parenting and on deployments, "but no one has ever pulled it all together," the official said.

"We want to do a better job of providing this content in a wide range of formats to a high number of people in ways they can use it."



Looking sharp

In order to present the proper military image, members in uniform are prohibited from displaying body piercing, i.e. attaching, affixing or displaying objects, articles, jewelry or ornamentation to or through the ear, nose, tongue or any exposed body part.



Stakeholders' report points to TRICARE progress

By Douglas J. Gillert
American Forces Press Service

WASHINGTON (AFPN) — TRICARE systematically tracked patient concerns in 1999, streamlining enrollment, improving claims processing and steadily improving patients' No. 1 concern: access.

These and other achievements and ongoing concerns are detailed in the 1999 TRICARE Stakeholders' Report published by the TRICARE Management Activity here.

The report describes TRICARE performance in three critical areas: access, quality and cost. Combined, these areas are key to customer satisfaction, according to TRICARE officials. Sources for the report included the Annual Health Care Survey of Department of Defense Beneficiaries; results of an independent study by the Center for Naval Analyses and Institute of Defense Analysis; and patient feedback. TRICARE access standards are now universally in place, the report states.

These standards are: — Urgent care: one day or less — Waiting room time at

doctor's office: 30 minutes or less — Minor illness care: within one week — Travel time to doctor's office: 30 minutes or less

Emphasizing the president's Patient Bill of Rights, TRICARE targeted wider use of medical specialists as primary care managers and ensured providers disclosed all health care information to their patients. The report emphasized the availability of preventive services, including eye exams, immunizations, hearing tests, mammograms, pap tests and prostate exams.

The report shows higher patient satisfaction in such areas as thoroughness of exams and treatment, accurate diagnoses, provider skill and outcome of care.

The report pointed out that TRICARE soon will begin delivering Prime care to active duty service members serving in remote locations; established a demonstration project to deliver health care to beneficiaries over the age of 65; and reduced out-of-pocket costs for patients getting care at non-military facilities.

Enrollment costs for retirees didn't change, nor are they expected to.

The report does list some areas of concern voiced by the largest patient population under TRICARE, active-duty enlistees.

Soldiers, sailors, airmen and Marines asked medical enlisted advisers to: Make sure access standards are met system-wide. Patients are less satisfied with their access to health care in newer TRICARE regions, the Northeast, for example. And access standards aren't always met at remote locations and where bases have closed.

The report doesn't delineate what's being done to fix these issues, but TRICARE officials said they are working on them and that start-up problems have been similar across the country but have been worked out as regions matured. Make health care information easier to understand.

Annual re-enrollment became automatic this year. Beneficiaries now receive a notice in the mail that they've been automatically re-enrolled. They are then given the option to cancel their membership. Add doctors to the TRICARE network.

According to the stakeholders' report, TRICARE beneficiaries represent 3

percent of the U.S. patient population, but the provider network includes nearly 20 percent of U.S. physicians and 40 percent of U.S. hospitals.

TRICARE's task, the report indicates, is to continue making sure networks are large enough to meet beneficiary needs. Speed claims processing and stop creditors from pursuing our people.

Despite these irritants, satisfaction levels have risen across the gamut of TRICARE services, the report indicates.

As a result, 92 percent of people enrolled in TRICARE said they would re-enroll if they were given the option.

The report points out what military medicine used to be like, when it focused only on treating illness, with little emphasis on preventing it.

Officials aren't smug about TRICARE's progress however, stating at the end of the report, "We still have a lot to do."

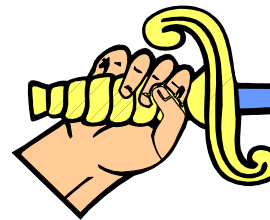
The entire report can be found in PDF format on the Internet at <http://www.tricare.osd.mil>.

To read it online, you'll need the Adobe Acrobat document reader.



Photo by Master Sgt. Lorenz Crespo

Warrior of the Week



Master Sgt. Anthony Castellano

Joint Firepower Control Course

Duty title: Air liaison officer and terminal attack control instructor

Time in Air Force: 17 years, 6 months

Time at Nellis: 1 years, 2 months

Goals: Short term goals are to get the vehicles we need for our unit and to improve the Joint Laser Class. My long term goals are to complete Senior NCO Academy and get a bachelor's degree in education.

If I could improve one thing on Nellis: I would like to see a solution to the traffic build-up on Washington and Fitzgerald at 3:30 p.m. every day. I suggest a traffic circle be placed there.

Most significant Air Force memory: My tours in Panama. These tours were the most rewarding. During Operation Just Cause I was able to use the skills the Air Force taught me in a real-world situation instead of in a training scenario.

What I like most about my job: I get to teach. I always knew I wanted to be a teacher like my uncle, and the Air Force has given me the opportunity twice to be an Air Force instructor.



Depression, a misunderstood illness that affects millions

**By Tech. Sgt. Vincent Rodriguez
Mental Health Clinic**

Have you been withdrawing from people and activities, losing pleasure and enjoyment of life, feeling sadness, disappointment or loneliness, experiencing physical discomfort, aches, pains, fatigue, poor digestion and sleep disturbance?

If you are experiencing some of these symptoms you may be one of millions of people affected by depression each year. Most people feel down from time to time; it is a natural reaction to stress and tension, but when these feelings are severe and prolonged, they may be experiencing depression.

Depression is widely misunderstood. It is often ignored or untreated. People either don't recognize the symptoms, are afraid to appear "weak," or are too depressed to take action. Untreated depression can disrupt work, family relations and social life.

Depression can affect anyone at any time, much like the flu that afflicts millions of people each day.

Depression affects the elderly, who may get depressed over physical problems, retirement or

the loss of loved ones; the middle-aged adult, who may become depressed when children leave home or their goals begin to seem out of reach; the young adult, who may become depressed as he or she struggles with new responsibilities and searches for fulfillment.

Married people may get depressed more often than singles, due to the interpersonal conflicts of married life. Adolescents experience social and physical changes that quite often lead to a wide range of mood swings. Children are also susceptible to depression. It is often related to family conflicts; women are twice as likely as men to suffer from depression due to biological differences.

Depression can be caused by one or many factors. It can be caused by shortages or rather imbalances of certain chemicals in the brain or by life changes. Both positive and negative events can trigger depression. An example of each is the death of a loved one or the reward of a well-deserved promotion.

Alcohol and drugs can also lead to or worsen depression. Family history is another factor that can be the reason for an unexplained depression. The tendency to suffer from depression

may be inherited. People who suffer a life-changing condition, such as a heart attack, cancer or stroke, may become depressed. Medications or certain drugs used alone or in combination, can have side effects much like the symptoms of depression.

Not all depressions are well defined, though. Sometimes depression can occur for no apparent reason.

As with most illnesses, treatment is easiest and most effective when it's begun early. We have found that the most effective way to treat depression is by combining different methods. A variety of antidepressant medications can help relieve the symptoms of depression and return a person to normal functioning. Newer antidepressants, such as serotonin re-uptake inhibitors (SRI's), usually have fewer side effects than the older medication.

Another method of treating depression is psychotherapy; it helps many depressed people become more self aware and better able to cope with their problems. Individual counseling and group therapy are other methods frequently used. There are other



See Depression on Page 15

Photo by Staff Sgt. Robert J. Kloos



Air Force composite photo

Air Force evacuates hundreds of aircraft to escape Floyd

WASHINGTON — With Hurricane Floyd threatening the eastern seaboard, Air Force bases along the coast began evacuating hundreds of aircraft in anticipation of the Category 4 storm's land-fall later this week. On the Saffir-Simpson scale of strength, a Category 4 storm can have winds from 131 to 155 mph, a storm surge from 13-18 feet and is capable of extreme damage.

The following major commands reported aircraft evacuations: Air Combat Command * 1st Fighter Wing, Langley Air Force Base, Va.: anticipated evacuating 34 F-15s from the 1st FW and five F-16s from Nellis, which are at Langley for training, to Grissom Air Reserve Base, Ind.; * 347th Wing, Moody AFB, Ga.: two HH-60s to Fort Campbell, Ky.; 25 F-16s and one HC-130 to Kelly AFB, Texas; one HC-130 to Barksdale AFB, La.; five HC-130s to Dyess AFB, Texas; and six A-10s to Barksdale. * 23rd Fighter Group, Pope AFB, N.C.: 35 A-10s to Rickenbacker International Airport, Ohio. * 93rd Air Control Wing, Robins AFB, Ga.: three E-8s to Tinker AFB, Okla. * 20th Fighter Wing, Shaw AFB, S.C.: 62 F-16s to Wright Patterson AFB, Ohio. * 4th FW, Seymour Johnson AFB, N.C.: 55 F-15s to Tinker. * 125th FW, Jacksonville Air National Guard Base, Fla.: 13 F-15s to Barksdale. * 169th FW, McEntire ANG Base, S.C.: 15 F-16s to Randolph AFB, Texas. Air Force Reserve Command * 482nd FW, Homestead Air Reserve Station, Fla.: 10 F-16s to Dobbins Air Reserve Base, Ga. * 920th Rescue Group, Patrick AFB, Fla.: 7 HH-60s and 4 HC-130s to Dobbins. * 916th Air Refueling Wing, Seymour-Johnson AFB, N.C.: 6 KC-135Rs to Tinker. Air Mobility Command evacuated C-141s and C-17s from Charleston AFB, S.C.; C-130s and A-10s from Pope AFB, N.C.; and KC-135s from MacDill AFB, Fla. Additionally, 14 F-16s from Aviano Air Base, Italy, which were at MacDill for training evacuated to Carswell,

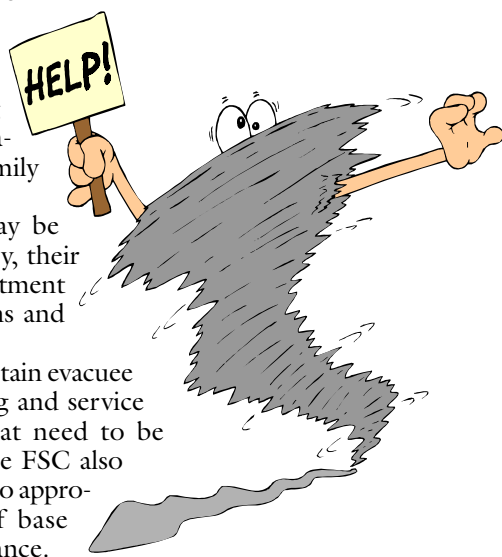
Evacuees service

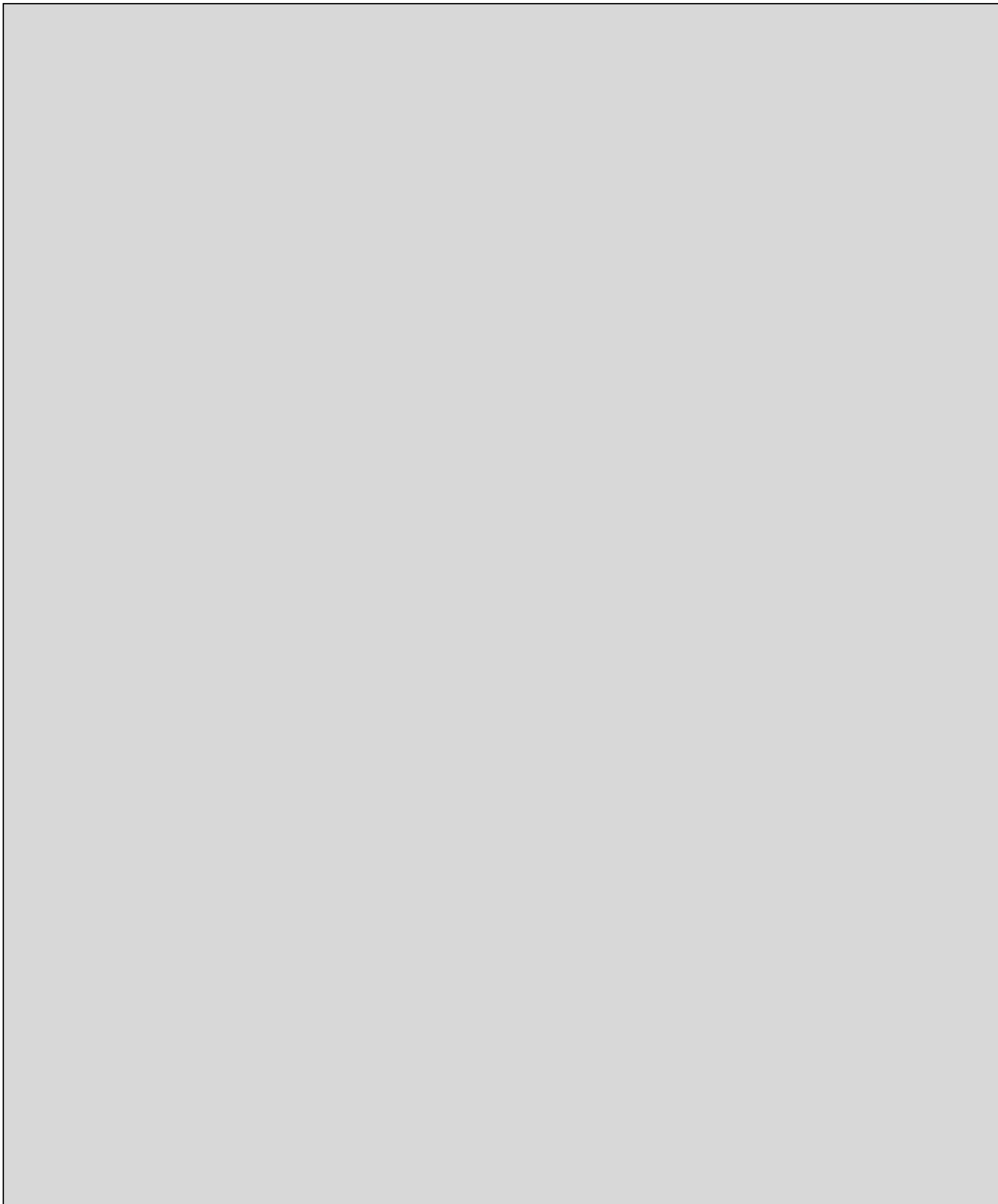
The Nellis point of contact for anyone contacted by an evacuee from Hurricane Floyd, or any other world-wide event requiring evacuation or repatriation is the Family Support Center.

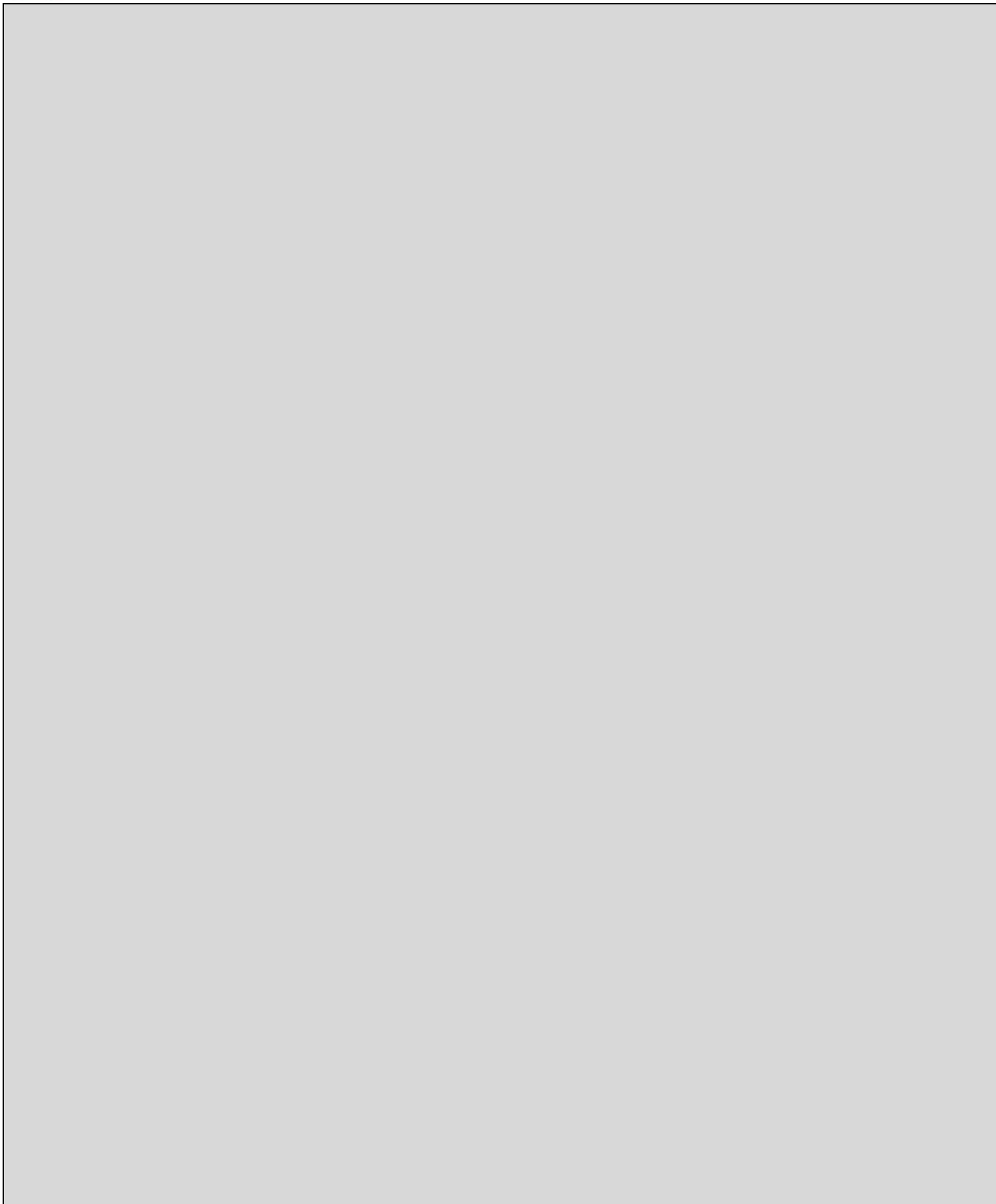
Evacuees may be active-duty military, their families and Department of Defense civilians and their families.

There are certain evacuee and FSC reporting and service responsibilities that need to be taken care of. The FSC also can refer evacuees to appropriate on-and-off base agencies for assistance.

For more information, call the FSC at 652-3327.









Photos by Amn. James T. May III



Grand opening

(Top left) Mr. Paul Kossack, federal government sales manager, explains the functions of the laminator to Capt. Sammie Jo Thirtyacre of the 99th Supply Squadron, during the vendor expo following the grand opening ceremony of the new Base Supply Store. Vendors attended the grand opening to show the many products that are available in the new store. Vendors included Fellowes, Verbatim, Franklin-Covey, 3M, SP Richards, ECOLAB, Lighthouse of Houston, Lighthouse of Seattle and ECVC. (Bottom left) Col. Bob Lynn, 99th Supply Squadron commander, and Mr. Dan Winters, general manager, cut the ribbon Sept. 9 of the new Base Supply Store. (Top right) Mr. Mike Edgell, 3M manager, demonstrates the new Scotch Brite Clean Cloth to Mr. Robert Burdick, 3M account executive. (Bottom right) Mr. Buddy Sell, director of business development, explains the significance of the blue and white frame to Senior Airman Juan Egea of the 99th Communications Squadron.



Depression

Continued from Page 10

methods implemented by many care providers, but the above mentioned seem to be the most popular and conventional.

If you or someone you know has symptoms of depression, see a health care provider for a complete checkup and discussion of symptoms, follow up and recommendation first. Second, talk things over with an understanding friend or relative. When there is a specific prob-

lem, discuss it fully with the people involved, if possible.

Next, don't expect too much of yourself. Avoid setting difficult goals or taking on too much responsibility. Then, take a break. Get involved in your favorite activity, an evening out, a trip or a visit. Get some exercise to help work off bottled-up tension and to relax and sleep better. Consult a health care provider before starting an exercise program.

Finally, avoid extra stress or big changes. They can create too much tension.

Remember, depression does not have to ruin your life.

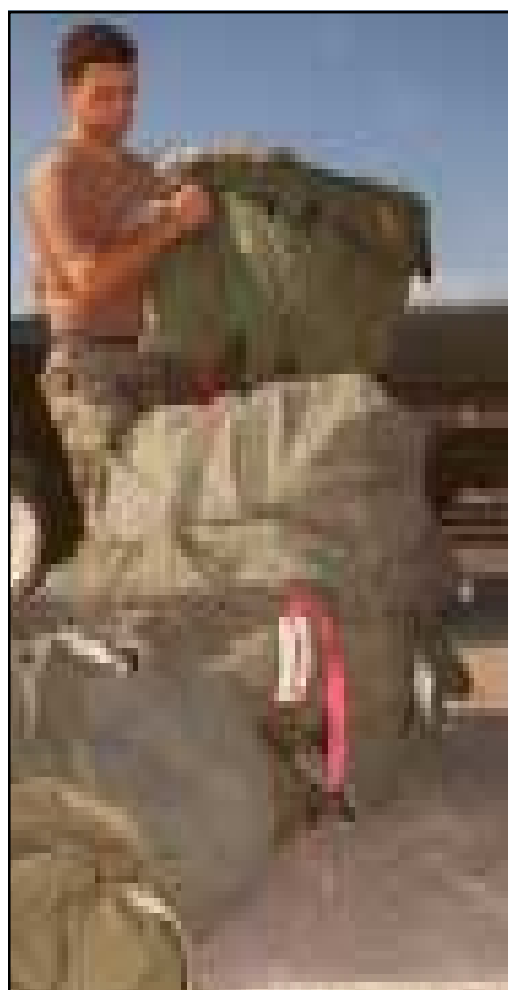
For further information, contact your health care provider or Mental Health at 653-3880.

Care For Your
PET

Please follow regulations
and take the time
to register and vaccinate
your pets
on base.







Exercise, Exercise

(Far left) Senior Airman Jason Hennesy, 99th Supply Squadron, makes final adjustment of a cargo strap prior to shipment during Phase One of the mobility exercise held Monday through Wednesday evening. (Top left) All participants deploying received briefings from various agencies. (Middle right) Senior Airman John Minardi, 57th Component Repair Squadron, unloads deploying member's mobility bags. (Top right) Senior Airman Chris Amundson, 820th RED HORSE Squadron, guards hazardous cargo at the hot pad. (Bottom left) Airman 1st Class Greg Burchett, 99th Comptroller Squadron, reviews deploying members financial records in the processing line. (Middle right) Staff Sgt. Donna Barding, 99th Medical Group, administers a typhoid shot in the processing line to Staff Sgt. Martha Williams, 820th RED HORSE Squadron resource advisor. (Bottom right) Chaplain (Col.) James ReVello, 99th Air Base Wing chaplain, serves a snowcone to Airman 1st Class Tim Bergstrom, from the 57th Component Repair Squadron, prior to his processing.

Photos by Master Sgt. Lorenz Crespo



Pediatrics keeps pulse on new patients

By Staff Sgt. Jim Bianchi
AWFC Public Affairs

The Mike O'Callaghan Federal Hospital is a joint venture between the Department of Veteran Affairs and the Air Force. The large, modern and spacious facility houses among other things, the 99th Medical Groups Pediatrics Clinic.

The philosophy of the pediatrics clinic is, "Prevention and catching illness's early, before they become serious," said Capt. Cynthia A. Long, the pediatrics manager.

The 20-member clinic staff manages both the well baby and the sick baby sides of the office, said Capt. Long.

Appointments are scheduled as same day (high fever, breathing difficulty, etc.), acute (low grade fever, cough, cold, etc.), and routine (daycare/sports physicals, check-ups, etc.) according to the clinic.

Typically an infant's first scheduled appointment is at three to five days after birth. Then, regularly scheduled appointments are two weeks, two months, four months, six months, 12 months, 18 months and 24 months of age. At each appointment the baby's weight, height, temperature, blood pressure and overall appearance are checked, said Capt. Long.

According to the clinic, each check-up is a thorough physical, including lab work and immunizations.

"Prevention is the key," said Capt. Long.

A big part of the clinic's success is the automated tracking of appointments and overall health of the patients.

The Prevention Health Care Application is a computer program used hospital-wide to do just that.

If a child (or any patient)

comes in to the hospital and has missed an appointment the computer will notify the caregiver. Missed shots and other scheduled events are flagged on the computer in red, so as not to be overlooked, said Capt. Long.

The clinic also addresses any problems the mothers may be having. "We have to keep the whole family healthy," said Capt. Long.

For TRICARE patients who just need questions answered or some advice, there is a 24-hour advice line.

If the health care professional can't answer your question, it can be referred to the 24-hour on call pediatrician. The on-call doctor will call the family back with advice for home treatment, a next day appointment or advise an immediate trip to the emergency room, said Capt. Long.

The 24-hour advice line is 1-888- 887-4111.

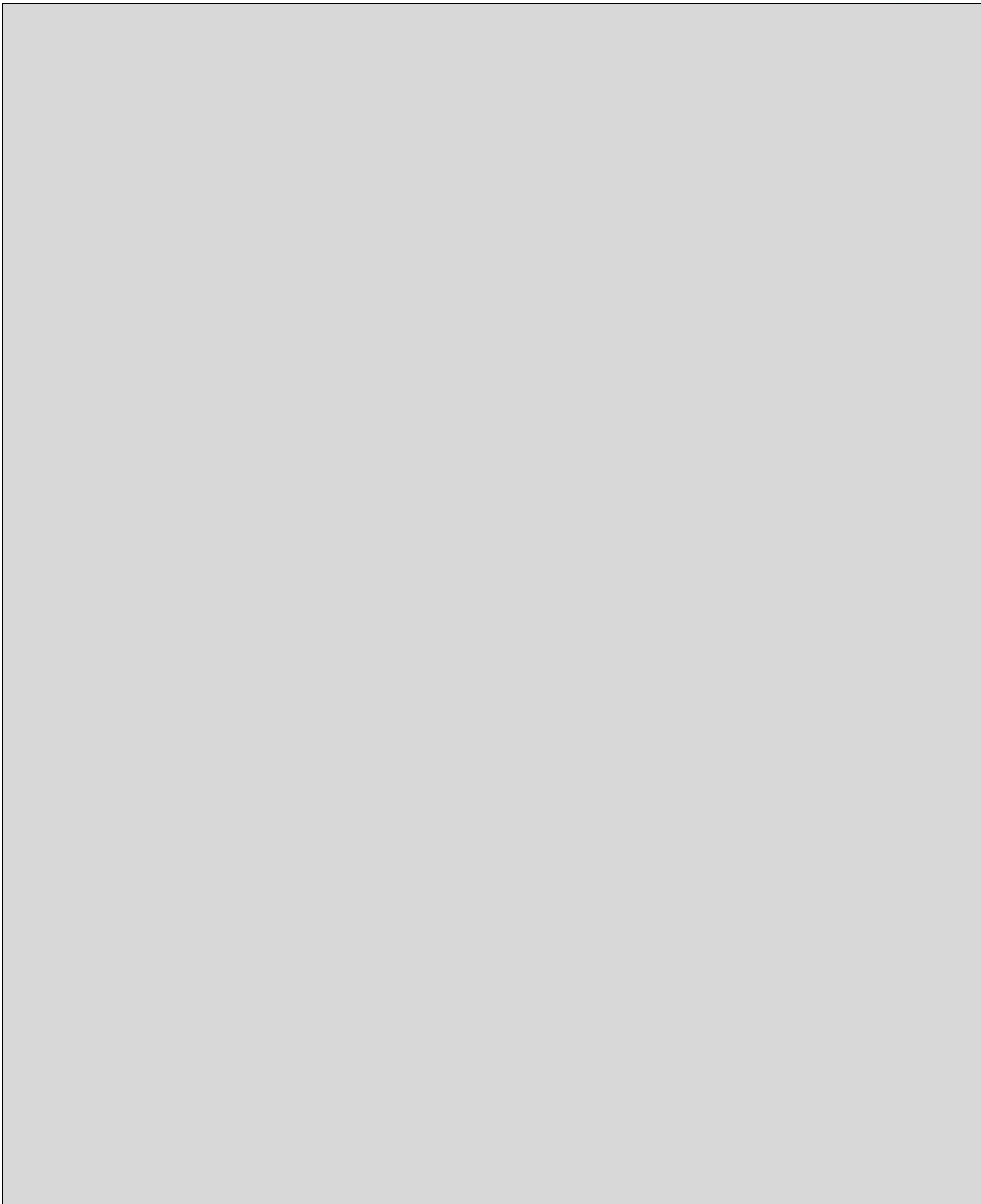


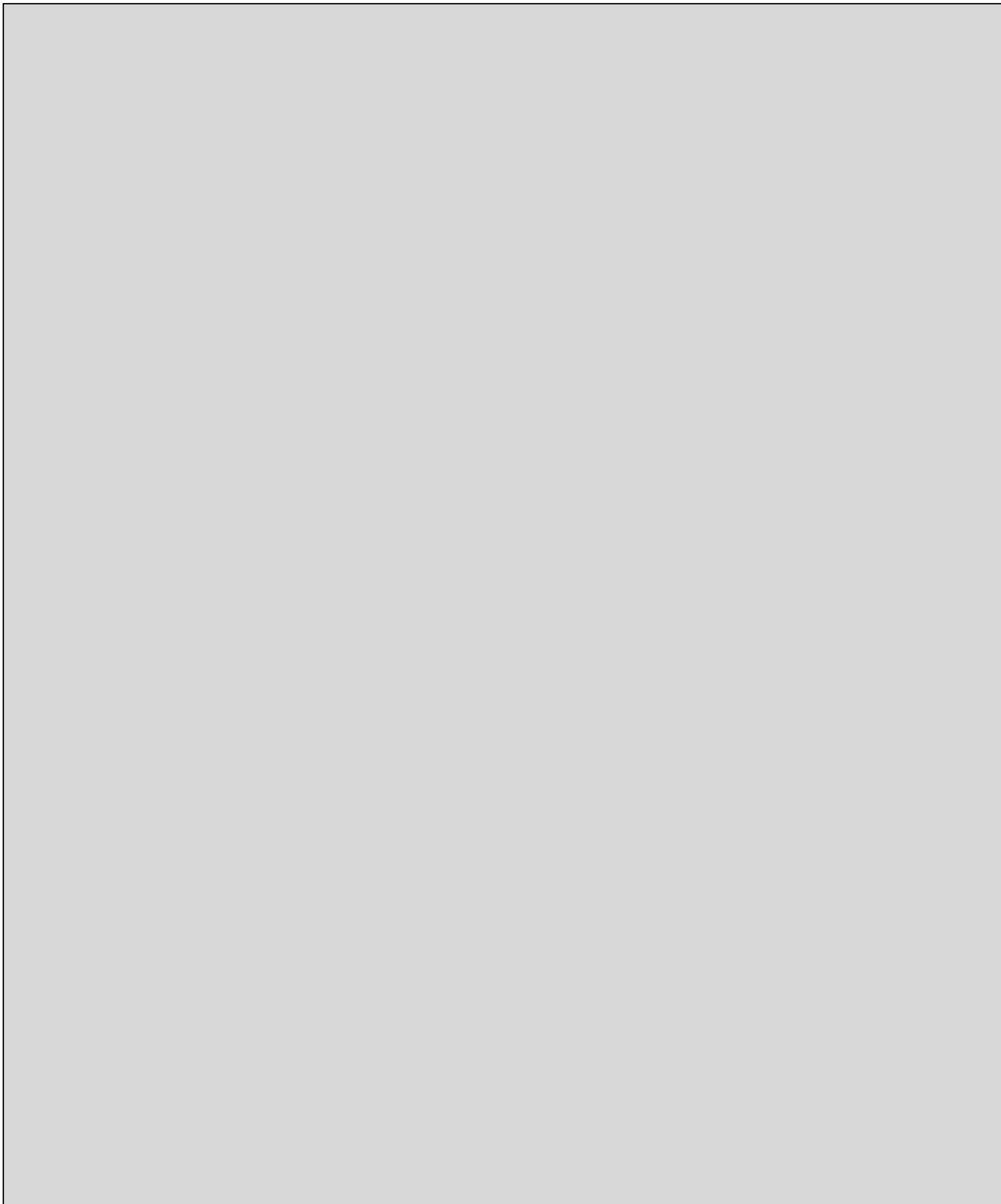
Photo by Senior Airman Molly A. Gilliam



(Above) Naomi Duck, 2 weeks old, receives a thorough well-baby check-up. Her parents are Senior Airman Jerry Duck, 57th Aircraft Generation Squadron, and Mrs. Justa Duck. (Left) Airman 1st Class Melisa Payne, 99th Medical Group Pediatrics Clinic medical technician, measures Naomi's head size as well as her length as part of her check-up. (Page 18) Dr. Cynthia B. Malixi, 99th MDG Pediatrics Clinic, performs a check-up on Amanda Thwaites who is 2 weeks old. Her parents are Staff Sgt. William F. Thwaites Jr. from the 99th Supply Squadron and Mrs. Rana G. Thwaites.







Nellis Living

Automotive Skills 652-2284

Monthly Special

The skills center offers a brake repair for \$38.95 per axle, plus parts this month. Heavy-duty vehicles and 4x4 vehicles are \$58.95 per axle, plus parts.

Chapel 652-2950

Catholic worship schedule

Daily Mass - 11:30 a.m. Monday through Friday
Saturday - 4:30 p.m. reconciliation; 5 p.m. Mass
Sunday - 9:45 a.m. and 12:30 p.m. Mass

Protestant worship schedule

Sunday - 8 a.m. gospel service; 11:15 a.m. traditional service

Classes offered

Catholic Religious Education classes for age 3 through 12th grade are offered each Sunday from 8:20 to 9:30 a.m. and from 11:00 a.m. to 12:10 p.m. A Sacramental Class is also offered Sundays from 11:00 a.m. to 12:10 p.m.

Protestant Sunday School (18 months to adult) begins Sunday and runs from 9:35 - 10:50 a.m. (note the change in time).

A Marriage Class (for married couples) begins Sunday and will run through Nov. 21st (10 weeks). Classes will be held during the Sunday School hour at the Family Support Center classrooms. Space is limited so please sign up in the Protestant book at the back of the chapel.

The Protestant Youth of the Chapel begins their fall schedule at 3 p.m. Sunday with an ice cream social and planning for the upcoming year's activities. This group is for chapel teens in grades 7 through 12.

Single's Bible Study is held every Wednesday from 6 to 7:15 p.m. at the Chapel Annex. The topic for the next several weeks is "Character...Who You Are When No One's Looking," by Pastor Bill Hybels. Learn how to maintain character despite these times of temptation and troubles.

For more information call 652-2950 or Senior Master Sgt. Wayne Barron 614-0806.

Community Center 652-5014

Dog obedience class

This seven-week class will begin at 6 p.m. Sept. 21 at Freedom Park. All dogs must be at least 3 months old and have a current shot record.

Cost for the class is \$25. Call to sign up.

Swap meet

Weather permitting, the swap meet will be held from 9 a.m. to 2 p.m. Sept. 25. Tables to display goods are \$15. For more information, call the Community Center.

Education Center 652-5180

ASE exams

Registration continues for the November 1999 ASE examinations. DANTES authorizes funding for a maximum of three ASE exams per semi-annual administration, with the exception of recertification exams and the Advanced Engine Performance and Engine Diagnostic exams.

Study skills class

Learn study technique and other methods to succeed on every type of testing at the study and test taking skills class being offered from 8:30 to 11:30 a.m. Sept. 29 and 30.

Job-related tuition assistance

Because of fiscal constraints, TA for job-related coursework will no longer be issued.

Tuition assistance

Anyone receiving TA must have a TA form filled out and approved prior to enrollment in any class. Failure to do so will result in the student being responsible for the entire amount.

Counseling services

Community College of Southern Nevada is now offering counseling services at Nellis. Call CCSN at 652-5527 to schedule an appointment or visit Bldg. 20, Room 318.

Embry-Riddle

Embry-Riddle Aeronautical University offers associate's, bachelor's and master's degrees in Business Management, Technical Management and Aviation Management. For more information, call 652-9409.

University of Oklahoma

University of Oklahoma registration is now open for Fall semester. The following classes will be offered: PSC 5960 Intro to Public Admin, PSC 5632 Comparative Public Policy and PSC 5242 Managing Public Programs.

Students must be registered at least four weeks prior to course start date. For more information, call Ms. Laurie Boetcher at 652-9453.

University of Phoenix

Fall classes are forming now. For more information, call 638-7868.

Enlisted Club 652-9733

Reggae Night

The Desert Oasis Enlisted Club is hosting an all-night Reggae Fest Saturday. Doors open at 8 p.m.

Football Frenzy

Come to the Club, watch football games, and win prizes. Prizes include sports shirts, \$150 sports apparel gift certificate, tickets to see the Falcons play the 49ers in San Francisco, tickets to the Super Bowl in Atlanta and tickets to the Pro Bowl in Honolulu. Sponsors for Football Frenzy are Sato Travel, Best Western, American Airlines and Miller Lite.

Family Support Center 652-3327

Predeployment briefing

This briefing, held at 9 a.m. every Monday and 2 p.m. Wednesday, is designed to help people prepare for a deployment or remote assignment. The briefing includes registration for the Hearts Apart morale call program, and spouses are welcome.

Ready, Set, Grow

This program is held from 10 to 11 a.m. Mondays and is for parents of children ages 3 to 36 months. Parents can share parenting information, and children can interact with each other.

In and Out Budget

Bring a calculator and income statements from 2 to 4 p.m. Mondays and build a budget.

Intro to Career Focus

Gain general employment information from the local area and get tips for job hunting from 9 to 10:30 a.m. Tuesday.

Financial Awareness

Take control of your financial future and learn ways to manage funds from 8 a.m. to noon Tuesday.

Sponsorship Training

Learn how to be a good sponsor from 2 to 3 p.m. Tuesday.

Saturday Morning Live

A new videophone service is available by appointment only from 8 to 11 a.m. on the first Saturday of each month at the FSC.

For more information, call the Readiness Team at 652-3327.

TAP

The Transition Assistance Program offers a three-day workshop to help prepare individuals for civilian life from 8 a.m. to 4 p.m. Wednesday through Sept. 24. The

seminar is offered in conjunction with the Departments of Labor and Veterans Affairs.

Golf Course 652-2602

Course closure

The Eagle/Falcon courses will be closed for overseeding Monday through Oct. 6. The Phantom course will be open for play at this time. Tee times will be made through the computer/telephones system as usual. The Phantom course will be closed for overseeding Oct. 7 through 24. For more information, call the Golf Course.

Health & Wellness Center 653-3376

Web page

The HAWC web site is 99mdg.nellis.af.mil/hawc1.htm. Check for all HAWC program information.

E-Mail address

The HAWC can be reached via electronic mail at AMDS.HAWC@nellis.af.mil.

Take This Job and Love it

A work-related stress management class is held from 11 a.m. to noon every Wednesday. Topics in the six week session include: Handling workplace pressure, clarifying roles and expectations, controlling the workload, managing people pressures, surviving the changing workplace and balancing work and home.

American Heart Walk

The American Heart Walk is a non competitive five-kilometer (3.2 mile) event. Set your own pace, share in a light breakfast and fun fair following the walk. This year, events will include entertainment, face painting, street vendors, clowns and games. Take positive steps toward a healthier life by joining Team Nellis in the American Heart Walk at 7:30 a.m. Oct. 23.

Tobacco cessation

Tobacco cessation classes are offered at 9:30 a.m. and 5 p.m. every Thursday. The program consists of five one-hour classes.

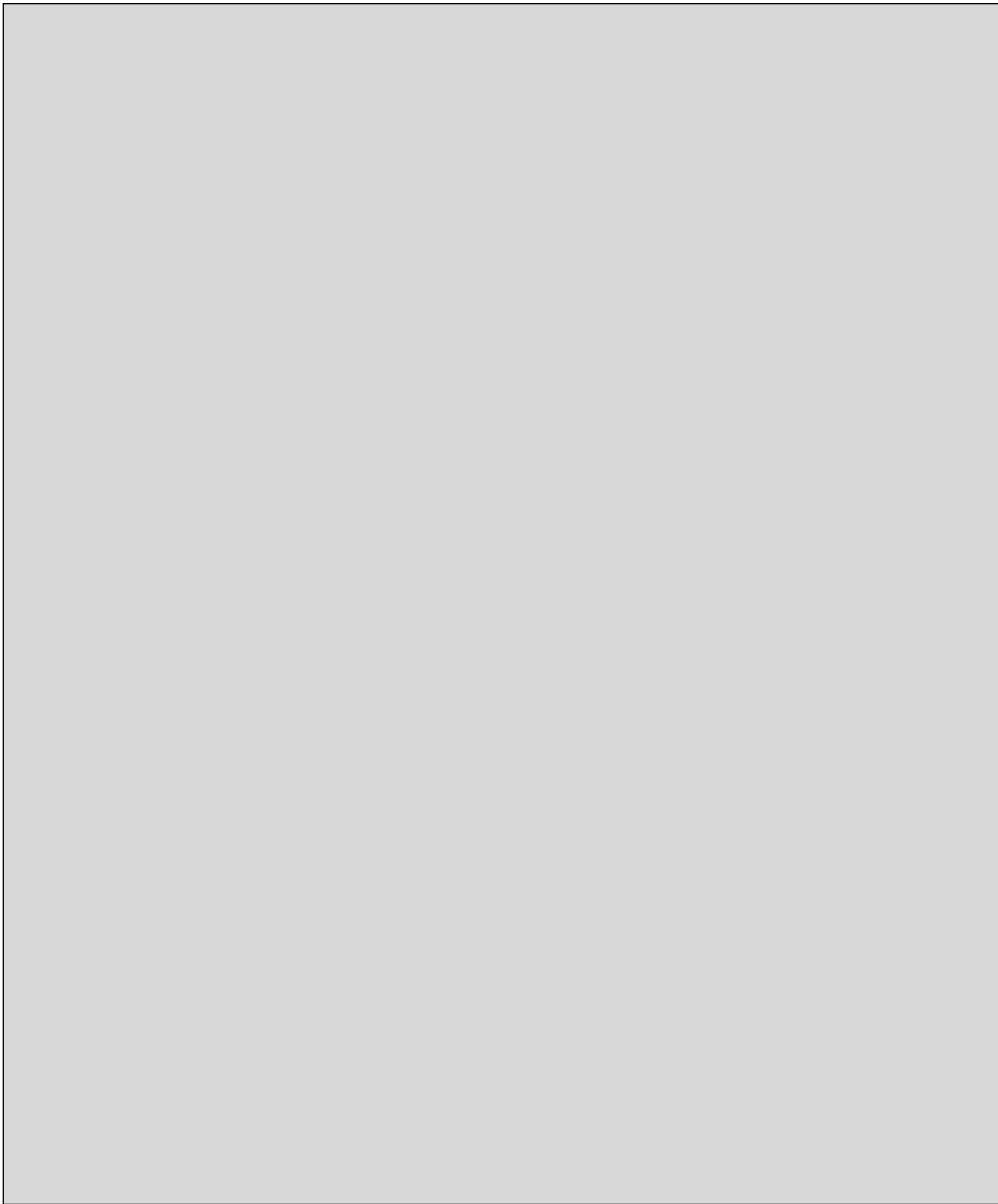
Cholesterol checks

September is Cholesterol Education Month. A cholesterol screening will be conducted by the HAWC from 11 a.m. to 1 p.m. Sept. 21 in the Base Exchange Lobby.

Library 652-4484

New Library Hours

Library hours are Monday through
See Living on Page 26





Unless otherwise indicated, all show times are at 7 p.m. with Saturday matinees at 1 p.m. Call 652-5020 for more information.

Today

Lake Placid (R)

Bridget Fonda, Bill Pullman
Welcome to Black Lake and its placid waters complementing the pristine Maine wilderness it borders. It's the last place you'd expect to find a 30-ft. eating machine commonly known as a crocodile.
Language, violence, gore.

Sept. 18, 19

Blair Witch Project (R)

Heather Donahue, Michael Williams
Three film students go into the Maryland woods for three days and never come back. One year later, their abandoned footage was found and made into a movie.
Strong language.

Sept. 20

The Wood (R)

Omar Epps, Taye Diggs
A groom with prenup jitters and two friends reminisce about their California childhood, complete with flashbacks and some memorable 80's music.
Strong language, sexuality.

☆ Closed Sept. 21 and 22 ☆

Sept. 23, 24

Deep Blue Sea (R)

Samuel L. Jackson, Stellan Skarsgard
A team of scientists and crew members of a floating lab experiment on Mako sharks. Now the sharks are stalking the team.
Graphic shark attacks & language.

Sept. 25, 26

Sept. 25 shows at 1 and 7 p.m.
Sept. 26 show at 7 p.m.

The Iron Giant (PG)

Jennifer Aniston, Eli Marienthal
A giant metal machine drops to

earth, frightening a small town in 1958 Maine until it befriends a 9-year-old boy named Hogarth and finds its humanity by saving the town people from their fears and prejudices. Based on the 1968 story "Iron Man" by British poet laureate Ted Hughes.
Family action, mild language.

Sept. 27

Detroit Rock City (R)

Gene Simmons, Edward Furlong
Four Midwestern teens on a quest to snag KISS concert tickets and pursue their dreams face a series of comic misadventures. Fast-paced humorous 70's nostalgia.
Strong language, drug use, sex-related content.

☆ Closed Sept. 28 and 29 ☆

Sept. 30, Oct. 1

Mystery Men (PG-13)

Hank Anzaria, Janeane Garofalo
In Champion City, would-be super heroes like The Shoveler, The Blue Raja and Mr. Furious can't make a difference and impress the city or its greatest super hero, Captain Amazing. When Captain Amazing is captured by his greatest enemy the would-be heroes must join other super heroes to save the Captain and the city.
Comic action violence, crude humor.



A Look Back



Photo by Staff Sgt. Jim Bianchi

In the Sept. 2, 1994, edition of the Bullseye, the new senior enlisted advisor for the then Weapons and Tactics Center was Chief Master Sgt. Ardell Galbreth. Gen. Ronald R. Fogleman was named as the new Air Force Chief of Staff while the 820th RED HORSE Squadron deploys to Guantanamo Bay, Cuba. The new military ID cards arrived. At the movies Blown Away, Speed, North and Angels in the Outfield were playing.

Living

Continued from Page 22

Thursday, 10 a.m.-8 p.m. and Friday through Sunday, 10 a.m.-6 p.m. New programs will be starting soon.

Officers' Club 644-2582

Football Frenzy

Come to the Club, watch football games, and win prizes. Prizes include sports shirts, \$150 sports apparel gift certificate, tickets to see the Falcons play the 49ers in San Francisco, tickets to the Super Bowl in Atlanta, and tickets to the Pro Bowl in Honolulu. Sponsors for Football Frenzy are Sato Travel, Best Western, American Airlines, and Miller Lite.

Snow Crab legs

Every Thursday night for dinner, feast on all-you-can-eat Snow Crab legs for \$12.95.

Outdoor Recreation 652-8967

Black Canyon Canoe Trip

This canoe adventure will begin below Hoover Dam and continue 13 miles down the Colorado River to Willow Beach Sept. 18. There will be a stop at a sauna cave, hot springs, and beaches along the way. Cost is \$35 per person and includes a packed lunch.

Global XIX Volksmarch

The Volksmarch is a noncompetitive activity that encourages the participation of

everyone. Choose between an 11 kilometer or 20 kilometer run/walk along a marked route at The Lakes, Holiday Inn Express on W. Sahara. There is no cost to participate.

Skills Development Center 652-2794

Family Ceramic Class

This class is open to every family member, regardless of age. Choose a project and the staff will give assistance. Cost is \$10 per person. Class is 10 a.m. Sept. 25.

Learn to Frame!

This 6-week class teaches picture framing for beginners. Class is 6 p.m. Sept. 29. Cost is \$35 and is due upon pre-registering.

Beginning Woodworking

Learn all the basics in this woodworking class starting at 5 p.m. Sept. 29. The class runs for 6 consecutive weeks. Cost is \$35 and is due when pre-registering.

Mylar Balloon Sale

Selected Mylar balloons are only \$1 this month.

Time Out Lounge 652-2880

Karaoke Extreme contest

The Time Out is hosting a karaoke contest every Wednesday night through Sept. 29. Prizes are awarded for first, second and third places. Las Vegas Motor Speedway and Ramada Vacation Suites sponsor Karaoke Extreme.



Photo by Cindy Kultala

Champions

The RED HORSE golf team won the base intramural championship. (Top left to right) Ed Messenger, Gerry Aguiar, Bob Boyd, Leroy Garcia and Leo Birch III. (Middle left to right) Robert Wright, Dale Golden, Melvin Webb, Joe Hamel and Mike Archuleta. (Front left to right) Steve Augente, Steve Kisling, Tom Compton and Sean Kiefer. Team members not pictured are Dave McNeely, Al Archer, Patrick Just and Rich Marlar.

Youth Center 652-9307

Camping at Lake Mead

Campers leave at 10 a.m., September 18 and return at 11 a.m. the following day. Need to pack a sleeping bag, tent, and

change of clothes. Cost is \$5 for Youth Center members and \$8 for nonmembers. Ages 13-18 are eligible for participation.

MGM Theme Park trip

Youth 9 to 12 can spend the day at MGM. Departure time is 10 a.m., Saturday. Arrival back to Nellis is 4 p.m.

